

Otter

Tap to watch

Memory Verse

A cheerful heart is good medicine ...

Proverbs 17:22

Key Phrase

We can all have a happy heart and find the fun in life.

Reflective Question

What can you have a good attitude for today?

More conversation Starters:

- What are some things that are easy to complain about, but we're actually lucky to have? (For example, rainy days might spoil our plans but they help gardens grow and give animals water to drink).
- When your brain makes you think negative thoughts — such as "you'll never succeed" or "no one likes you" — what are some things you can tell yourself to change these thoughts?
- What is something that you are good at?
- Who can you talk to if you are upset at home or at school?
- How do you think our feelings can carry over and affect our actions?

Tip #1 for having great conversations with your child

Don't stress if the conversation doesn't flow freely. Not every conversation starter will trigger the lively discussion you were hoping for, and that's OK. There's naturally going to be some trial and error when it comes to finding out what types of questions your kid finds most engaging. Plus, there's always a chance that your child just wasn't feeling very chatty in that moment.

(Pssst, get more tips in the other family fun packs!)

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WORD HUNT

M L N O T T E R E V
C H E A R T G R E W
L A N D O T A I L S
N L N O H O L T N A
F L I B A C K S P E

What animal loves to stay in the water but can't live in the water?

Where do otters live?

Otters have strong and long _____.

Otter like floating on their _____.

"A cheerful _____ is good medicine."

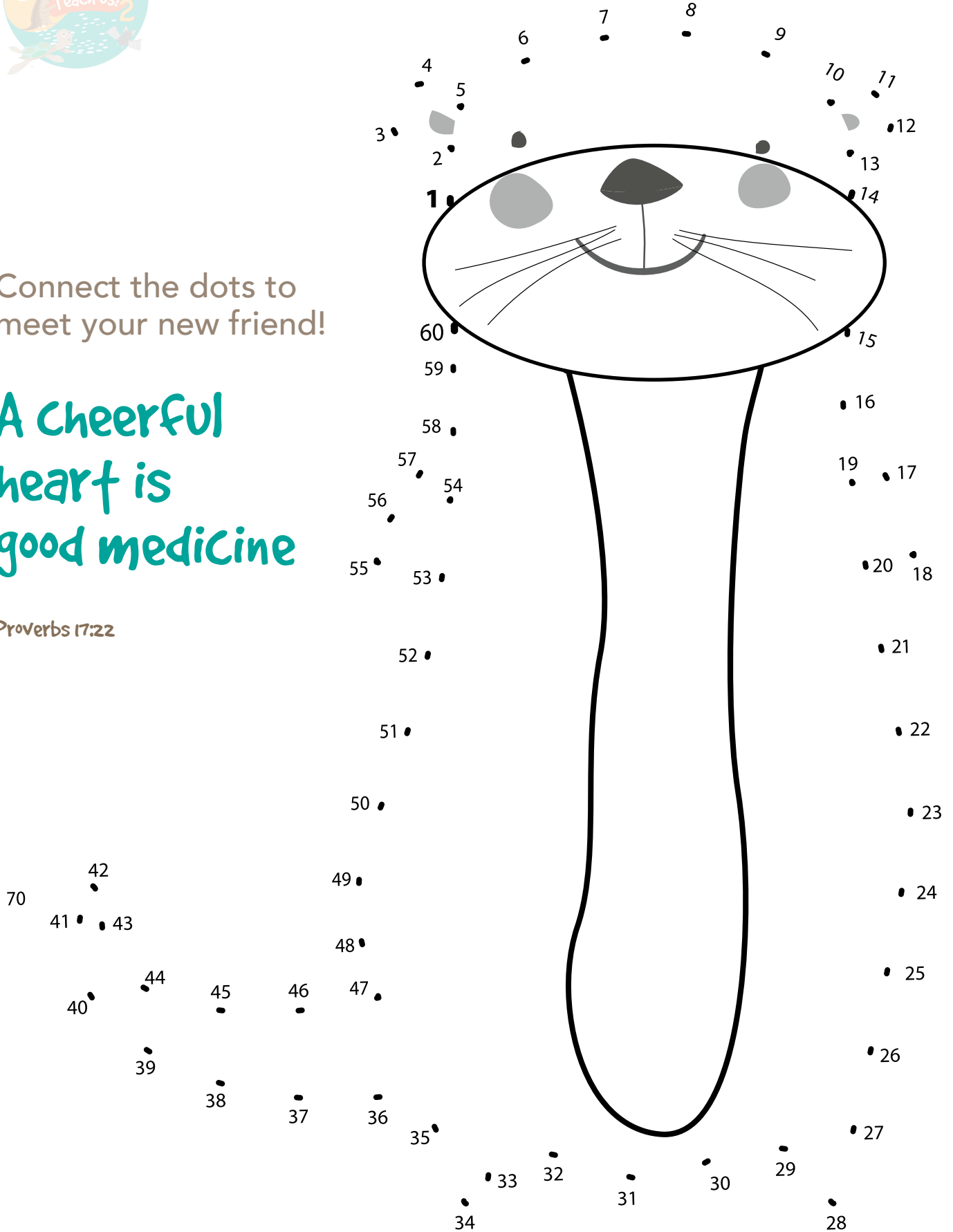




Connect the dots to meet your new friend!

A cheerful heart is good medicine

Proverbs 17:22





We can all have
a happy heart
and find the fun
in life.



zzz

